

ECUMENICAL GROUP OF CHURCHES CHURCH-SITE COUNSELLING INITIATIVE

(Celebrating one year – May 2016 – May 2017)

The Ecumenical Group of Churches Church-Site Counselling Initiative (CSCI) was formed out of a need for making mental health care services more accessible to the public. This initiative is a partnership between Mental Health Practitioners and the Church including the United Church, Anglican Diocese, Roman Catholic and Baptist Union. Services are provided at no or minimal cost and include intervention through mental health counselling and prevention through education. Programme Coordinator is Dr Audrey Pottinger, Clinical Psychologist

Over the past year the CSCI's team of professional counsellors have conducted 474 sessions with children, youth and adults who presented with concerns relating to Domestic Violence, Loss & Grief, Parent-Child Conflict, Spousal Relationship, Stress and Anxiety, Learning, Behaviour and Academic Performance, Parental Separation and Abuse.

A unique aspect and strength of the CSCI is its educational component in which we help persons in the community better understand and apply good mental health to their daily lives. We exist at five sites throughout the island and over the past year have organised and facilitated workshops targeting different sectors of the society including members of the Jamaica Constabulary and Defence Force (JCF and JDF), students in High School, and management and administrative staff at corporate organisations. We have also organised discussions/empowerment talks with employees/students/members at various institutions – educational, financial, emergency service, churches, and service clubs.

Mental health topics have included:

- Student/Workplace Bullying
- Intimate-partner violence
- Trust in the workplace and relationships
- Stress management
- Grief and trauma management

For engaging the service or further information, please email churchsite.counselling@gmail.com or call (876) 841-3015

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COUNSELLING INITIATIVE
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Our mission is bringing mental wellness to communities and taking a stance for healthy relationships, parenting and family life.

Counselling Site	Location	Contact information
Webster Memorial United Church	53 Half Way Tree Road, Kingston 10	929-6257
Church of Reconciliation	307 Goodman Avenue, Kenton Rd, Portmore, St. Catherine	988-4534/988-1499
East Queen Baptist	25 East Queen Street, Kingston	922-2262/ 924-9274
Ridgemount United Church	53 Main Street, Mandeville , Manchester	962-0441
Burchell Baptist Church	Upper King Street, Montego Bay, St. James	952-6351