

Prevention of Dengue Fever

Focus on vector control

- Use mosquito nets, spray and repellent oil
- Drain stagnant water sites
- Use mosquito nets
- Wear full clothes at dusk and dawn
- Fumigation



Treatment for Dengue Fever

Drink Plenty of water to avoid dehydration



Acetaminophen can relieve pain & reduce fever

Healthy diet to get all the nutrition



Complete rest for fast recovery

Don'ts for Dengue Patients



Don't take NSAIDs e.g aspirin, brufen, ibobrufen



Antibiotics are not required



Do not wait in case symptoms of dengue appear.

What is dengue fever?

Dengue fever is a virus infection caused by the dengue virus, which is mainly found in the tropical regions.

Dengue is caused by the bite of an infected mosquito called *Aedes aegypti*, a day biter and fresh water breeder



You can identify them from black and white stripes on their body.



Close up of Aedes Mosquitos.



SYMPTOMS OF DENGUE



Abrupt onset of **high fever**

Severe **frontal headache**

Pain behind the **eyes** which worsens with eye movement

Muscle and joint pains

Loss of sense of taste and appetite

Measles-like rash over chest and upper limbs

Nausea and vomiting

